

Lake County Horse Council

Spring 2013

Journal

Royal Flush! First Annual Poker Run



Celebrate Earth Day with the LCHC on April 21
Local Riding Instructors & Trainers
What You Should Know About Seasonal Colic
Growing Interest in Barefoot Trimming

LCHC Annual Report
Living California History on Horseback
Getting Grounded with your Horse



78 Soda Bay Road Lakeport 95453

ph 707 263-3678

fax 707 263-1457

Landscape Materials • Arena Sand • Backhoe Service
Livestock Water Delivered • Dump Trucks
Septic Systems • Paving • Houses Raised & Leveled



Serving Lake County Equestrians for 40 years
Good Value and Honest Service!

2013 LCHC Board of Directors

President: Virginia Vovchuk
Virginia Vovchuk 245-9091
vovchukvm@gmail.com

Vice-President: Debbie James
338-1014, dell104993@aol.com

Secretary: Anna Rose Ravenwoode
Ravenwoode.anna7@gmail.com

Treasurer: Barbara Claiche
bclaiche@mchsi.com

Directors:

Deb Baumann
Deb@vaqueroheritage.org

Marty Brookman
whereismarty@gmail.com

Scott Bennett
Bennett@pacific.net

Jennifer Carson
Jennifercarson66@gmail.com

Randy Peek
pdgshus@saber.net

Mike Riley
themikeriley@gmail.com

Donna Thornton
707-987-3964

Contact LCHC:

Lake County Horse Council
P.O. Box 1551
Kelseyville, CA 95451
707-245-9091



Lake County Horse Council Journal Spring 2013

Inside this Issue

President's Message, Mission Statement, Submission Instructions	4
LCHC Committees, Life's a Parade	5
LCHC's First Annual Poker Run	6
Growing Interest in Barefoot Trimming	9
LCHC 2012 Annual Report	10
Local Riding Instructors & Horse Trainers	12
Getting Grounded With Your Horse	13
Living California History on Horseback	14
What You Need to Know about Seasonal Colic	16
Businesses that Support the Lake County Horse Council	17
Fiesta of the Horse Seeks Participants, Volunteers, Vendors	18
Celebrate Earth Day with the LCHC on April 21	19
LCHC Calendar of Equine Events	20
LCHC Membership Form / Journal Advertising rates	22



Cover Photo

Victoria Russell, Brenna Sullivan and Karen Sullivan (riding barefoot horses) were the first riders to complete the LCHC First Annual Poker Run in February. Photo by Deb Baumann

To stay current with Lake County equine events, check out our Facebook page , "Lake County Horse Council", and our website, www.lakecountyhorsecouncil.com

© Lake County Horse Council. All rights reserved. The Lake County Horse Council is a non-profit volunteer organization. This journal is published for informational purposes only, and has been written and edited in good faith with no willful, negligent, malicious, or fraudulent activity in mind. Please contact us with any errors or omissions.

A Message from the President

Written by Virginia Vovchuk, President LCHC



Greetings Lake County Horse Council Members and Friends!

I hope you are enjoying the lovely spring weather and your equines! I am always amazed at the amount of lush green grass this time of year, even with low rain levels. Regulating the amount of grass my horses eat is a challenge I enjoy....and gives me a chance to pull a few unwanted weeds in the pasture.

It was great seeing many of you at our first Poker Run up Old Toll Road at Highland Springs. Although I didn't get a chance to ride in this one, it was fun to see the variety of horses, carriages and people out in the February sunshine! Why is it that many of our trail horses easily pass right by the big drafts in harness, but get spooky with the tiny minis?!

This was great practice for all of us. Locals have been taking advantage of Old Toll Road for many years as a winter riding alternative to muddy trails. Our volunteers proved that it can also be a versatile trail trial course and driving road! I'd like to express thanks again to the many volunteers, businesses who donated prizes, and local residents who cooperated to make this event a big success. We hope to sponsor another Poker Run later this year. In the meantime, please join us at one or more of our spring and summer events. Please contact one of the board members if you can participate – donations of your valuable time are always welcome!

Happy Trails!

The Lake County Horse Council's Mission is to:

- Promote and preserve the horse as agriculture, industry, and recreation
- Inform the public about horse community goals, projects, and events
- Promote educational programs for the horse industry
- Support private and public equine facilities and activities
- Serve as liaison between the horse industry, the community, and government agencies
- Promote all aspects of the equine industry

A Message from the Editors

Many thanks to those who contributed to this issue of the Journal, and especially to **Scott Bennett** for providing so many photos of equestrians at Lake County events.

You can help the Lake County Horse Council Journal cover the local equine scene. We welcome your articles and photographs on any horse-related topic, and any ideas you have for articles.

Send your stories and photos by email to:

deb@vaqueroheritage.org (please identify location and persons in photos).

Don't wait for a deadline (there isn't one). Write your "event" stories right away, while memory is still fresh. Send your stories now (to be published in next available issue).

— Deb Baumann & Juliana Vidich, Editors

You can also send stories by regular mail to Lake Co. Horse Council Journal Editor, P.O. Box 1551, Kelseyville, CA 95451

Life's a Parade written by Deb Baumann

Recently, I spent a happy sunny weekend cleaning and brushing the last winter mud off all my little herd, barefoot-trimming the hooves of 4 horses, training 3 under saddle, lunging and long-lining a half-dozen two-and-three year olds, and spending many hours teaching those same youngsters the importance of respecting ropes and halters (as well as getting used to being saddled). I also spent half of each day mucking pens, repairing fence, and other usual farm chores.



Tree-Training at
Rancho Californio
in Upper Lake

LCHC Committees

Executive Committee - Virginia Vovchuk *
Finance Committee - Barbara Claiche *
Govt Relations & Land Use – Scott Bennett *
Membership Committee -Virginia Vovchuk *
Trails Committee -Mike Riley *

* Board member contact info—see page 3

Communications / Social Media

Calendar— Kate Schmidt-Hopper
 wiseacre1farm@gmail.com (707) 245-9091 home
Journal –Deb Baumann & Juliana Vidich 279-1903
Website & Facebook – Kim Riley 279-0343
 kimriley58@gmail.com

Advisors/Advisory Groups

Disaster Rescue -Lynette Bertelli, 279-2125
Dressage -Dave Claus, 998-9564
Driving -Sally Green, 279-9595
Education –open
Publicity – open
Programs & Events - open
Trail Safety -Carleene Cady, carleene@hughes.net
Veterinary -Jerri Waddington, docjerri@att.net
Youth Council -Carol Thorn, 263-5082

If that seems like alot to fit into one weekend, I must confess that I had assistance. In fact, I had several assistants. The most patient horse trainers you could ever hope to meet, and they all work for free.

***“I do not think I’ll ever see
 A trainer patient as a tree.”***

“Tree training” (tying horse to overhead limb) was practiced by **Los Californios** 300 years ago. I learned to appreciate it from **norteños** in a working-class neighborhood north of Los Angeles. It was a remote, rugged area still zoned to allow horsekeeping. Many of my neighbors hailed from the ranch country of northern Mexico (hence, **norteños**).

While supporting their families with “day jobs,” every evening was spent grooming, exercising and training horses. What they lacked in money, they more than made up for with advanced skills and knowledge learned the old-fashioned way: passed down from generation to generation.

Horses were a family affair, with all the children helping with stable chores and, of course, riding. I recall a father watching his 9-year-old son practice fancy rope tricks from atop a tall quarterhorse. Proud dad said he was raising his son to be a **charro** (cowboy) not a **chollo** (gang-banger).

Their style of horsemanship is magnificent, being descendants of **los Californios**, the Spanish-Mexican culture that invented roping and round-up skills that most people today associate with cowboys. These modern **jinetes** are some of the best horse trainers it has been my privilege to know.

I was honored when my **norteño** friends dubbed me “Paisana” (countrywoman) and invited me to ride with their parade group. When they demonstrated **Alta Escuela** movements like the *Piaffe* and *Pasage* before admiring modern audiences, California’s proud equestrian past came full-circle.

Right: Deb riding in Upper Lake’s Wild West Days, photo by Scott Bennett



Our First Poker Run — a Royal Flush!

By Kim Riley

Was it too bold and brazen to think that we could pull off the challenge of a poker run on such short notice? Was it too naïve of us to assume the weather would hold in the winter month of February? Was it just plain too ridiculous to assume that a group of people that had never been on a poker run, much less organize one, could pull one off? I would like to answer those questions with a resounding, “I think not!!!” but must truthfully say that all of those questions were of definite concern at some point during the planning process.



Sally Green, Jaxan Christensen, photo by Juliana Vidich

Let me give you some history of the **“Save the Trails, Ride the Roads” Old Toll Road Horseback Poker Run** held in the Highland Springs Recreation Area. What a mouthful, you say. I shall digress a bit and give you the reasoning behind the cause for the name. Highland Springs has been one of the most popular open-spaces in Lake County for equestrians for many, many years. With increased popularity, comes increased trail use, and trail damage in areas that do not dry out in the wet months. A trail repair grant awarded to the Lake County Horse Council by AQHA and Tractor Supply Co. will soon be implemented to repair some of that damage. In December, to prevent further damage during the wet season, the land manager of Highland Springs, Lake County Water Resources, decided to close the trails to horses and mountain bikes.

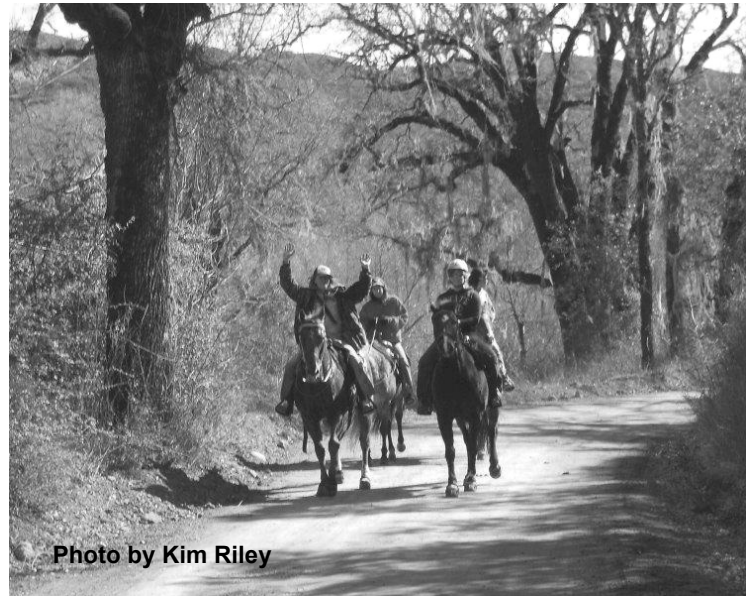
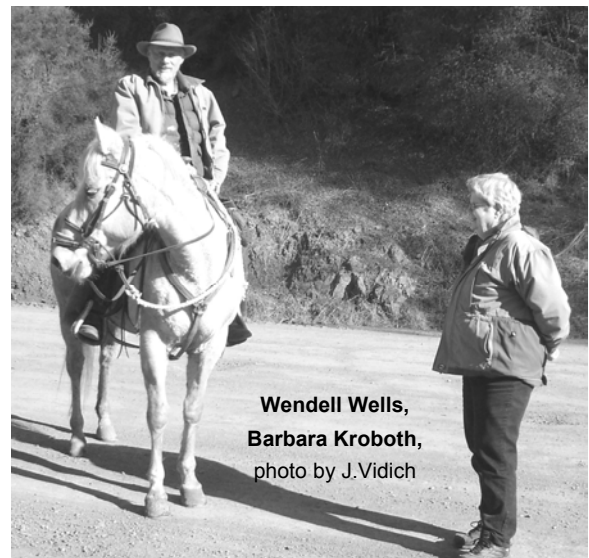


Photo by Kim Riley

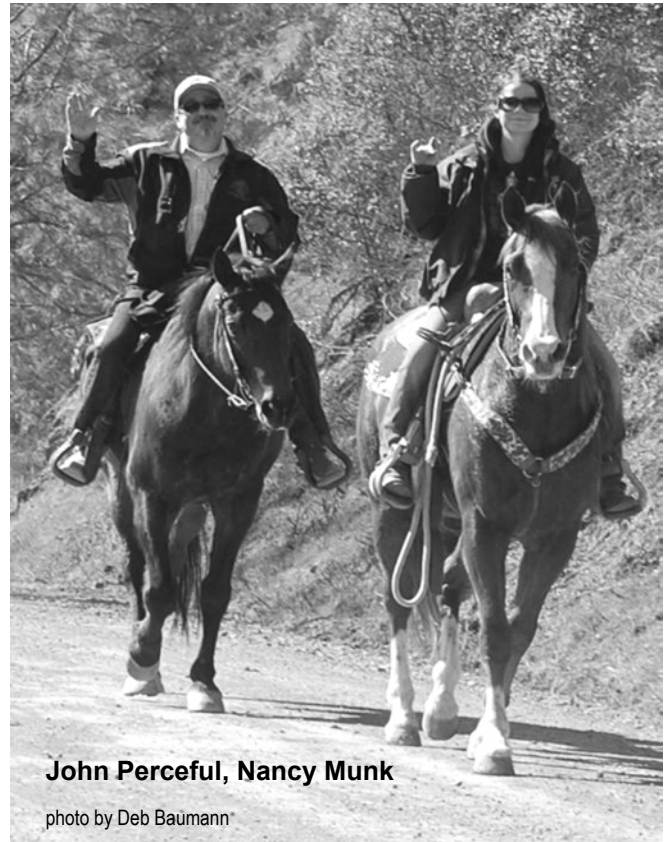
To put a positive spin on this, the **“Save the Trails, Ride the Roads” Old Toll Road Horseback Poker Run** idea sprang to life to promote and encourage equestrians to do just that...ride the roads at Highland Springs during the wet season. Our “invitational” poker run was promoted with local horse clubs, advertised in newspapers and Facebook and before we knew it, we had 44 entrants, mostly on horseback. In addition, we had multiple carriages pulled by draft horses as well as miniature horses. Although most of the entrants were from Lake County, we had some from Ukiah, Redwood Valley, Sebastopol, Navarro, and Santa Cruz County.



Wendell Wells,
Barbara Kroboth,
photo by J.Vidich

The day dawned clear and sunny with a bit of wind that was determined to delay our set-up and before you could say “Bob’s your uncle”, excited entrants began arriving. Pre-planned check-in and parking allowed for a fairly seamless beginning to the event. Friends met up and the horseback riders and carriage drivers started off at intervals during the first hour. They made their way along a 5-mile course stopping in at five different stations to be awarded one poker card at each station. In addition, there was an optional “challenge” for both riders and drivers at each station to attempt before moving down the road to the next station.

After the ride, both participants and volunteers met back at the Dam Parking Area to enjoy great food,



John Perceful, Nancy Munk

photo by Deb Baumann

great prizes, and some great music provided by the Righteous Vibrations. Poker hands were turned in and tallied-up and raffle tickets were available for a gravel donation from R.B. Peters. Some of the poker run prizes included a dinner and lodging package donated by Konocti Vista Casino, Mane and Tail Variety Packs donated by Rainbow Agricultural Services, a hand-tooled leather belt made by local artist, pizza from Guido’s Pizzeria, passes to the first of the Month Event at Lake County Wine Studio donated by Susan Feiler, and many more.

The top three prize winners (out of 15) were AndreBoersma, Debbie James, and Caitlynn Falge. Gravel Raffle winner was Anna Senti.

The tremendous success of this event was secondary to the combined efforts of 17 volunteers from members of the Lake County Horse Council and our surrounding equestrian community. Everything pretty much came off without a hitch and a good time was had by all!

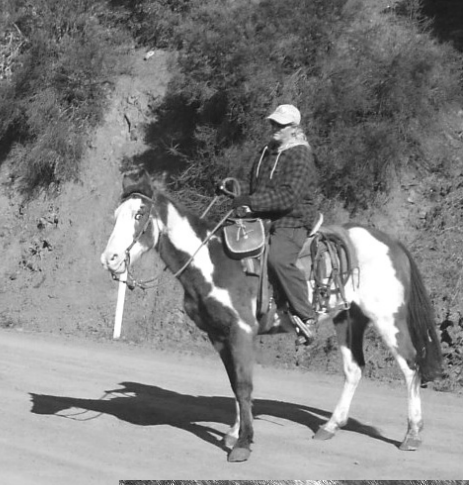
Kim Riley
Chair, Old Toll Road Horseback Poker Run

Brenna Sullivan

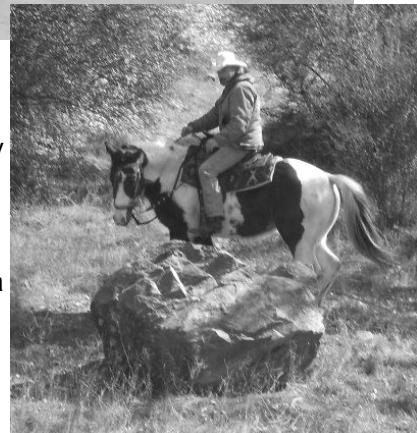
photo by Deb Baumann



Poker Run...



Above Left: Robyn Spector
Above: Kathy Walton, Caity Falge, Erica Boomer, Sherry Falge
Right: Mike Kalandros
Left: Andre & Ellen Boersma
Photos by Kim Riley



Bill & Carol Biggs
Photo by Deb Baumann

...more photos...

Growing Interest in Barefoot Trimming— recent article in Western Horsemen

by Karen Sullivan

In recent years, barefoot hoof trimming has become increasingly popular among horse owners looking for an alternative to steel shoes. However, there are many who still prefer the traditional methods and remain skeptical that many horses can make the transition and remain comfortable barefoot, especially on our rocky Lake County trails!

Barefoot trimming recently got another look by one of the equestrian world's most traditional viewpoints, Western Horseman. In its March issue (Bare Necessities, page 32), Western Horseman's contributing editor relays his experience at a barefoot trimming clinic and then tells about his own horse who has been successful barefoot in rough backcountry. His interest in going barefoot began with the adoption of a BLM mustang and led him to a clinic put on by Sonoma County's Linda Cowles, considered one of the best natural hoof care practitioners in Northern California. Cowles takes the overall health of the horse into account in her trims which differ from a trim done by a traditional farrier. Using research done on wild horses, the barefoot trim has been developed to both support the inner structures of the foot and strengthen the digital cushion using the feral foot as the model of optimum health.

The article mentions benefits such as greater traction, better shock absorption and overall stronger, healthier feet. Several breeds were mentioned that do especially well barefoot and most other breeds can and do make the transition with some work and patience.

While strong opinions will remain on the subject, the fact that Western Horseman ran the article shows an increased and open-minded interest in different hoof care options among many horse owners.

For more information about going barefoot, contact Karen Sullivan, who mentored under Linda Cowles: greymare56@gmail.com And be sure to pick up the March issue of Western Horseman!



Susan & Kenn McCarty & friend enjoy the Poker Run, photos by Deb Baumann



JOIN LAKE COUNTY FARM BUREAU TODAY!



Lake County Farm Bureau strives to protect and promote farming and agricultural interests throughout Lake County and to find solutions to challenges on the farm, at the ranch home and throughout the rural community.

It's easy, it's fast and it makes sense to become a member of Lake County's largest agricultural organization.

There are 5 membership types to choose from:



- * AGRICULTURAL MEMBERSHIP
- * ASSOCIATE MEMBERSHIP
- * BUSINESS SUPPORT MEMBERSHIP
- * COLLEGIATE MEMBERSHIP
- * PRESIDENT'S CLUB MEMBERSHIP

READY TO JOIN? Visit www.ctfb.com, call Lake County Farm Bureau at (707) 263-0911 or come by our office at 65 Soda Bay Road in Lakeport.

LCHC 2012 Annual Report

2012 marked the second full year for the Lake County Horse Council since founded in 2010. It was a significant year in many ways, including the approval of our 501(c)(3) status as a non-profit, public benefit, membership organization under California Corporations Code and IRS tax exempt status. This has caused us to examine our goals, operations and how we measure success as an organization. The board of Directors has volunteered many hours of their time to ensure that our records, our planning and our publications are sound, productive and consistent with our mission statement.



Our 2013 Goals

At the time of this writing, we are experiencing strong growth in number of new memberships, and expect to exceed 140 active memberships in 2013.

We are examining our operating procedures and processes to accommodate additional growth, and we are excited about offering more educational and fun equestrian events in Lake County.

We are off to a great start after a successful Poker Run Horseback Ride up Old Toll Road in February, which brought in over 25 new memberships!

In the meantime we have seen membership expand

Family Memberships:	9	
Individual:	80	(includes 20 NEW)
Business/Organization:	4	
TOTAL Paid Memberships in 2012: 93		

TOTAL Paid Memberships as of April 2013: 96		
Family Memberships:	16	(includes 6 NEW in 2013)
Individual/Charter:	74	(includes 29 NEW in 2013)
Business/Organization:	6	

to represent more equestrian interests, disciplines and community groups. This diversity is the strength of the LCHC, and we look forward to growing more partnerships in 2013.

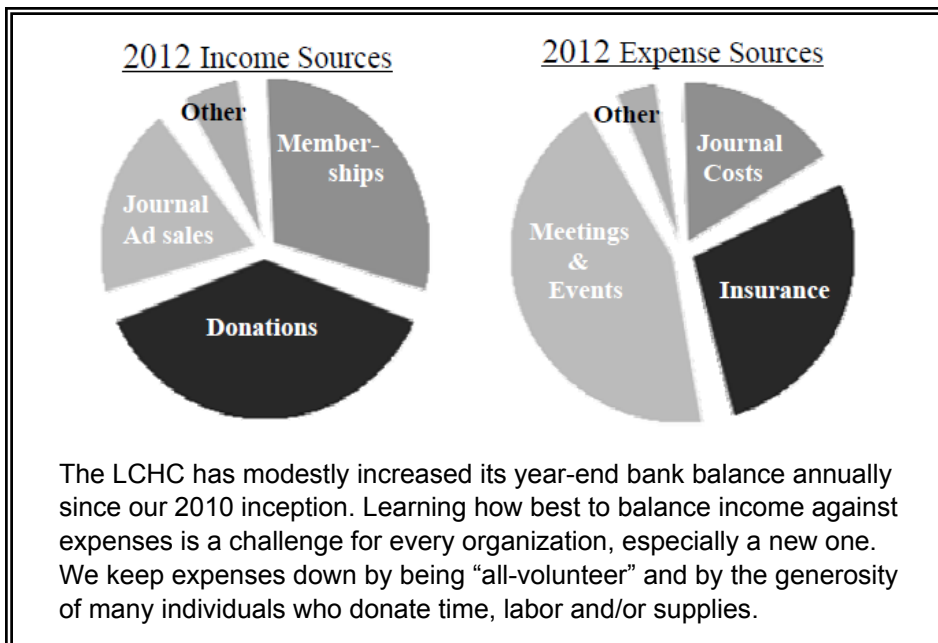
Highlights of 2012

2012 was a year of firsts, putting the Horse Council "on the map" in the community and causing local leaders to request more of the same for 2013. Here are a few of the highlights:

- First Annual Fiesta of the Horse at Rancho de la Fuente in Lakeport, July
- First Annual Horse Faire at the Kelseyville Pear Festival, September
- Award of Trail Reparation Grant for Highland Springs Lake Trail from AQHA and Tractor Supply Company, August
- Enhanced website with county equestrian calendar
- Forums on horse health and nutrition, insurance liability and more
- Enjoyed a variety of events around the lake produced by our partners, including Hooves & Wheels, Mendocino Lake Arabian Horse Association, and the Lake County Chapter of California Dressage Society

The new Juniors Committee has stepped up to involve our youth this year in a number of LCHC sponsored opportunities. Our Government and Land Relations Committee will be working closely with local authorities to ensure that the voices of horse keepers are heard. And work will be completed on the Lake Trail at Highland Springs, thanks to the AQHA grant and our generous volunteer workers.

Virginia Vovchuk,
President LCHC



10% Discount For LCHC Members!



Ag Unlimited Farm Supply



Feed.....	Bar Ale, Associated, Farmers, Nutrena, Elk Grove Milling
Seed.....	Cover Crops, Permanent Pasture, Erosion Control, Oat Hay Seed, Alfalfa Seed, Clovers
Fertilizer.....	Organic, Conventional, Growing Mediums
Fencing.....	Field Fence, Deer Fence, Barb Wire, Chicken Wire, Cattle Panels
Drain Pipe.....	Plastic HDPE, Metal
Erosion Control.....	Straw, Straw Wattles, Silt Fence, Erosion Seed
Pet Food and Supplies...	For all your pet needs
Hay.....	Alfalfa, Oat, Alfalfa/Grass Mix, Meadow Grass, Orchard Grass, Straw
Feeders.....	Many sizes to choose from
Fuel Pellets.....	Clean Burn (fewer fines, less stove cleaning)



Lakeport: 2532 Big Valley Rd
 Lakeport, CA 95453
P 278-3131 / C 489-0959
 F 279-4628
 M-F 8am-5pm, Sat 8am-4pm

Ukiah: 4550 El Roble Rd.
 Ukiah CA 95482
P (707) 468-8154
 F (707) 462-6165
 M-F 8am-5pm

Local Riding Instructors and Horse Trainers

By Juliana Vidich

Where do you go when you want to take some riding lessons or get help with training a horse?

Chances are, the first thing you do is ask friends and acquaintances to refer you to someone, and this is probably the best way to get started in your search. This is also the easiest part of finding someone, since once you have some names, you should do your homework to learn as much as you can about them before making any decisions. You can check their websites and facebook pages, if they have them, observe them giving a lesson or in a training session, ask them to describe their philosophy and methodology, ask them for references, and get their credentials.

Some trainers and instructors will be certified through various organizations, possibly including the United States Dressage Federation (USDF) Instructor Program, the American Riding Instructor Certification Program (ARICP), the Certified Horsemanship Association (CHA), or the British Horse Society (BHS). All of these groups have websites with information about their certification programs and some of them list certified instructors. There are also many "natural horsemanship" trainers nationwide who give clinics, sell DVDs, or certify people to teach their methods, for example, Pat Parelli, Buck Brannaman, Josh Lyons, and Richard Shrake.

Experience, however, is perhaps the most important credential that any instructor or trainer can have. Ultimately, the best trainers learn most of what they know from the horses that they have trained.

This is an incomplete list of riding instructors and horse trainers who are available to Lake County riders. Names are listed in alphabetical order. Minimal information is given about each person, due to space limitations. The author plans to submit articles for future issues of this Journal in order to provide more details. The Lake County Horse Council makes no claims regarding the abilities of those listed below, and listing them here does not constitute an endorsement of them by LCHC. If you would like to have your name added to or removed from this list, email juliana@highlandspringsequestrian.com

Alice Chevalier (Upper Lake): 707-349-1929, email ca_horse@sbcglobal.net Alice gives general horsemanship lessons and clinics, and has over 35 years experience in riding, teaching, training and showing.

Melissa Fischbach (Comptche) 707-937-2133 (> 10am) email friesian@mcn.org www.forestheartfarm.com . Melissa teaches Classical Dressage and English riding, trains horses, gives clinics, over 20 years experience, and certified by ARIA, BHSAI, CDRA and more.

Helen Johnson (Potter Valley). 707-743-2541, email hjohnson@pacific.net , www.paddingtonstationriding.com . Helen teaches dressage and jumping, horse camps, clinics, boards and trains horses, has over 30 years experience and is BHS certified.

Judy McHerron (Healdsburg) 707-431-2920, email eqwine@sonic.net , www.judymcherron.com . Judy teaches dressage, jumping, groundwork, basic horsemanship, clinics, organizes horse shows, has 35 years experience, is U.S.P.C. certified.

Helen Owen (Hidden Valley) 707-355-0121, email - owen-ranch@yahoo.com, Helen has 35 years of experience teaching Western riding, Rodeo Competition, Barrel Racing, Pole Bending, Goat Tying, Wilderness Riding, Trail Rides, Horsemanship, Horse Camps, Rodeo Camps.

SuLynn Pallas (Kelseyville), 707-485-1622, email sulynnpallas@aol.com SuLynn has over 20 years of experience riding and training horses and teaches Natural Horsemanship, Western Trail and Western Pleasure.

Heather Sentz, 707-413-9323 , email hebajay@aol.com Heather teaches basic horsemanship and trains horses. She has worked extensively with Dave Claus.

Aydn Stone (Lakeport), 707-292-2898 website www.5minutehorselessons.com Aydn teaches Western riding and Dressage, and trains horses.

Pasha Tingle (Hidden Valley Lake) 707-363-3554 email pashatingle@att.net , website www.pashatingle.com . Pasha has over 30 years experience teaching many types of riding: Western, English, Jumping, Trail, Driving, Parades, groundwork, trailer loading, and more.

Nancy Williams (North Lakeport), 707-972-0602, email nancy@williamsequineenterprises.com , www.williamsequineenterprises.com . Nancy has 50 years experience, teaches western dressage, trail riding, pleasure riding, gymkhana, show riding, and horsemanship.



Jaki Hardy of Penngrove giving a lunge lesson at a 2008 California Dressage Society clinic in Lakeport.

Getting Grounded With Your Horse

In today's equine industry there are many different training methods and schools of thought available and the majority of them emphasize ground work somewhere along the line.

No matter which method you choose to follow, the question is often why groundwork?

The answer is fairly easy with young horses, as ground work serves as the foundation for later training under saddle or in the harness. Young horses learn to be lead, tied, groomed, trailered and stand quietly for the vet and farrier all through ground work. But what about an older horse who is already under saddle, is ground work still important? The answer is yes, groundwork can still be utilized in a variety of ways.

Showmanship and in hand work can be used to teach horses a wide range of movements including; turn on the haunches and forehand, backing, shoulder in, haunches in, leg yield, as well as piaffe and passage. It is often easier to teach these movements from the ground first and then progress to under saddle work. It is also helpful to go back to the ground for these movements with a horse that has learned bad habits or has anxiety issues. Likewise these movements can be performed from the ground when weather, footing or lack of time keep you out of the saddle.

Ground work is also beneficial when introducing new, difficult or spooky obstacles or many reasons. Many horses are more comfortable with a handler on the ground when asked to navigate a scary or difficult obstacle. If a horse or rider have had a bad experience with an obstacle then working it from the ground can take away some of the fear element, especially for the rider. However, be careful when working certain obstacles from the ground such as banks, ditches and water as horses may jump these and land on you. In these cases always stay by your horses side rather than getting in front and encouraging them to come to you.

Ground can also be a great tool for rehabbing and conditioning as well as keeping experienced horses fresh by providing variety.

Terry Silva of MT Ranch in Redwood Valley has been training, teaching and showing for over 30 years. Terry has experience in a wide range of disciplines including showmanship, in hand trail, western and english pleasure, equitation and horsemanship as well as trail and trail trials. Terry teaches all ages and levels of horses and riders as well as all breeds and styles of riding. Terry also offers judging services and clinics. For more information contact Terry Silva 707-272-3399 or email mt.ranch@yahoo.com Visit us on Facebook at MT Ranch Horses or at www.mtranchhorses.com

MT. KONOCTI TRUCK & AUTO REPAIR

• *Diesel & Gasoline Engine Repair* •
Spring Trailer Check-Up • *Hitches and Rentals*



Call Mike at 707 279-1974
3510 Merritt Road
Kelseyville CA 95451

California “Living History” Comes To Lake County

By Deb Baumann

from Urban LA... to Upper LAke



My love for California’s Spanish history and specifically “The Golden Era” from 1820-1840 led to the creation of a Living History group that visited schools, museums, and libraries throughout Southern California (and now Lake County).

Our presentation highlights included being invited by the **Smithsonian Institute** to put on an exhibition in Long Beach, a summer show we produced for the **Autry National Center of the American West** in Los Angeles, and the honor of being among the lead flag-bearers at the **Old Spanish Days** historical parade in Santa Barbara for several years running (largest equestrian parade in North America).

But nothing was more satisfying than visiting elementary schools and watching the magic that only **Real * Live * Horses!** can bring to the eyes of marveling children. For many, this was their first chance to see and touch a horse up close. History truly came alive for the kids when we were able to say, “If you could transport back in time to 1820, you would see **Californios** dressed just like this, riding the streets of this very city.”

Our school presentations included riders carrying the four national flags that have flown over California, each rider costumed according to the era when that flag was flown. We talked about the first Spanish explorers and settlers, about the Mission system and the rancho culture that followed secularization, and details about the society, culture, economics and lifestyle of Spanish/Mexican California.

History is definitely more interesting when horses are part of the lecture!

Our most unique experience was at Juvenile Hall in East Los Angeles. The kids had been told



Lake County Wine Studio

9505 Main Street #1
Upper Lake (707) 275-8030
Open Thur/Sat/Sun: 1-7pm;
Fri: 1-8pm; Mon: 11-630pm



Fine Wines – Fine Arts – Local Cuisine & Music
Tasting Room & Wine Shop

Featuring Lake County’s Wineries & Winemakers

PROUD 2013 SPONSOR
OF LAKE COUNTY HORSE COUNCIL
BOOTH AT WILD WEST DAY
SATURDAY JUNE 1st

that only those who had scored a certain number of “good behavior” points would be allowed to attend. (I was told that record numbers of good behavior points were achieved, in advance of our visit!)

However young the inmates, serious crimes had been committed by some, and security at the prison-like compound was tight, with close inspections of our vehicles and trailers as we entered and exited through huge double gates topped with razor wire. We performed in a grassy area between heavily fortified, barred dorms. (One of those buildings, housing about 200 children, was just for 8-10 year olds... a sobering and sad thing to contemplate.)

The kids were a rapt and respectful audience, showing great interest in the history. Then things lightened up with rope tricks and songs. Learning that a girl in the audience was turning 15 years old, one of our gallant *caballeros* sang a traditional *Quinceañera* song for her, from atop of his dancing horse. The girl cried happy grateful tears.

Our audience was transported, for one brief hour, from the tough, violent, hopeless neighborhoods where they grew up. Unless you have seen it yourself, it is hard to appreciate the grim reality of that decaying, concrete-and-chainlink environment, where street-toughs and gang-bangers dominate the definition of manly behavior. Our polite, smiling, dashing *caballeros* provided a dramatic contrast, a different kind of heroic model.

But the kids were even more impressed with an eight-year-old *escaramuza* (cowgirl) looking tiny beneath a giant sombrero, riding a tall flashy paint horse and twirling her rope in a loop large enough to completely encircle her and the horse.

And, of course, never underestimate the impact of the horses themselves. At the end, children who wished to touch a horse were allowed to do so, and, as always, there was special magic in that interaction. (I don't try to explain the therapeutic effect that horses have on humans, especially children. They just do.) Counselors told me afterward that, by the standards used to measure progress working with troubled children, our visit made a profound and positive impact.


We never charged money for our appearances at schools, libraries or other educational venues. We were all volunteers.

I hope to carry on that tradition with a new volunteer group here in Lake County. In addition to riders and horses (I supply costumes), non-riders are welcome, and can help in many ways. If you are interested, please send email to deb@vaqueroheritage.org

Vaya con Dios




Outdoor Classroom: answering questions from 4th graders at an elementary school



WILDHURST
VINEYARDS

**Wine Tasting & Gift Shop
in Downtown Kelseyville**



1.800.595.WINE

3855 Main Street Kelseyville Open Daily 10-5
www.wildhurst.com

What You Need to Know about Seasonal Colic

By Roni McFadden

What is colic?

By definition, colic is a catch all phrase in horses meaning abdominal pain, or "belly ache."

The most common causes of colic are:

*gas colic

*twist or torsion colic

*sand colic

*impaction colic, which can be caused by feed (because of lack of water) or enteroliths.

Horses are more at risk for **impaction colic** during the winter months or with any drastic weather change which can lead to a decrease in water intake.

Therefore it is critical during those times to closely monitor your horse's drinking habits.

When the temperature drops, your horse's metabolism changes and it may not drink the water that its body needs to keep the contents of the gut moist and moving along. The horse may have eaten its full dinner and kept nibbling overnight. Then, with chilly temperatures and ice cold water, come morning he is not inclined to drink. The hay and feed that he consumed the night before isn't properly digested without an adequate intake of water. **WATER INTAKE IS CRITICAL!!**

There are a few things an owner can do to prevent impaction colic caused by a lack of water intake.

One of the easiest things is to make sure the water trough is free of ice. I knew an owner whose horse colicked because of lack of water. She thought the horse was drinking because it was always standing around the water trough. Turned out the water trough had three inches of ice on top of it. **ALWAYS check!**

If you have an automatic water supply, make sure the pipes are not frozen. You might hear your horse using it, but is water coming out or is he playing with it trying to get water to come out? **ALWAYS check!**

The problem with an automatic water supply is that you can't monitor how much water your horse is drinking. And that is critical in the winter! You can buy water heaters for troughs which would keep them ice free and at a comfortable temperature for your horse to drink.

Another simple thing to do is to feed your horse a bran mash several times a week using wheat bran. Wheat bran has a laxative effect, whereas Rice bran has more fat content and is better for the hair coat. Mix two one pound coffee cans of bran with warm water so it is has the consistency of oatmeal. Then, mix in two tablespoons of regular table salt. This has two purposes. One, the wheat bran is good for the gut and, having a laxative effect, prevents things from drying up and compacting in the intestines. And two, the salt makes the horse thirsty. A thirsty horse will drink! Don't think that just because you have a salt block in its stall that it will do the trick. You can't make your horse lick the salt block!

But, by feeding him a bran mash with salt as part of his regular diet, you can be sure that he is taking in the salt and his body will tell him to drink.

If you suspect your horse may have colic, ask yourself the following:

Is your horse eating, drinking, pooping, and peeing **normally**? It is imperative that you **KNOW YOUR HORSE** so you can answer these four questions!

If anything seems to be off, call your veterinarian. Sometimes, things can be handled with a simple phone call. And please do not medicate your horse without speaking to your veterinarian first! Some medications can mask other medical conditions. Your veterinarian is your very best resource!

By doing these small simple things, and being aware of what is normal for your horse, you will go a long way toward helping him cope with the cold weather.


Roni McFadden

Redwood Valley Equine

Michael R. Witt, DVM

Please Support These Businesses That Support the LCHC

- Ag Unlimited** (Kelseyville) **278-3131**
- Animal Hospital of Lake County** (Clearlake) **995-1138**
- Bamboo and Bit Exchange** (HVL) **355-0358**
- Carlton Tires** (Lakeport) **263-6770**
- Cole Creek Equestrian Center** (Kelseyville) **279-0915**
- Cowgirl Consignment** (Lakeport)
- Highland Springs Equestrian Center** (Kelseyville) **279-1903**
- Lake County Farm Bureau** (Lakeport) **263-0911**
- Lake County Rodeo Association** (Lakeport)
- Lake County Wine Studio** (Upper Lake) **275-8030**
- Mt. Konocti Truck & Auto Repair** (Kelseyville) **279-1974**
- Peter Windrem Law** (Kelseyville) **279-8700**
- Rancho de la Fuente** (Lakeport) **263-3160**
- RB Peters** (Lakeport) **263-3678**
- U.C.C. Rentals** (Lakeport) **263-6488**
- Wildhurst Vineyards** (Kelseyville)
- Working Hands** (Lakeport) **275-8713**



Cowgirl Consignment

Art, Shirts and Accessories
For girls who love horses
In the Lakeport Antique & Art Mall
101 South Main Street
Lakeport CA 95453
Open Tues-Sat 11-6
**10% of proceeds donated
to Lake County Horse Council**

This page will expand to become a shopping guide for Lake County horse owners to find a wide variety of services, where our consumer dollars will support businesses that support us! To be listed here, all a business needs to do is purchase ad space in our Journal. To learn more, contact Virginia Vovchuk at 245-9091

WORKING HANDS
Home & Property Maintenance Service
Est. 1980

Residential   Commercial

CLEAN-UPS & HAULING
Homes • Rentals • Carpets • Windows • Yards • Debris
Appliances • Furniture • Sheds • Garages • Decks • Fencing

707 275-8713
PO Box 34 • Lakeport, CA 95453

Peter Windrem
Attorney at Law

5716 Main Street, Ste A, Kelseyville, CA 95451
(707)279-8700 • pwindrem@windremlaw.com

Cole Creek Equestrian Center
Where your horse is our top priority



Boarding • Events • Covered Arena • Trails • Round Pen
4965 Steelhead Dr. • Kelseyville CA 95451 • 707 279-0915

Bamboo and Bit Exchange
bamboo and forsythia poles for in-hand training
bit exchange collective
serving Northern California

Kate Schmidt-Happer
19118 Comstock Ct.
Hidden Valley Lake CA 95467

707 355-0358
BambooandBitExchange.com



Lake County Horse Council presents

June 30, 2013

Second Annual

Fiesta of the Horse
Fiesta del Caballo

At beautiful

Rancho de la Fuente



Now recruiting for:

Show Participants

(musical routines with horses, drill teams, individual showmanship, breed demonstrations)

Volunteers

Vendors & Sponsors

Contact: Deb 275-9234 or email Deb@vaqueroheritage.org

Rancho De La Fuente is a Bed & Breakfast and Special Events Center located in beautiful Lakeport California. The newly enlarged and meticulously renovated 5,000 square foot Barn is perfect for your special event. This unique venue includes a Bar, Dj Room and Commercial Kitchen that can accommodate up to 300 guests.

The Bed & Breakfast is an elegantly furnished Victorian House located on a beautiful 42-acre country setting. The Victorian is a 19th Century marvel and has three beautiful bedrooms and two shared bathrooms located on the first and second floors.

Rancho De La Fuente is Northern California's premier event venue where we will work hard to make your event a memorable one.

www.ranchodelafuente.com





**Lake County Horse Council presents
an Earth Day Celebration
at Highland Springs
Sunday, April 21, 2013**



**Work a bit, Eat a bit, and Ride a bit...
Bring your horse, bring your tools,
and bring some food to share.....**



**Earth Day Trail Work, Meeting, and Member Potluck
at Highland Springs Recreation Area**

**Sunday, April 21, 2013 from 10am-2pm
Including Special Guest Speakers**

Haul in your horses to the Horse Staging Area at Highland Springs and tie them to your trailer while we do a little trail work in preparation for our trail repair of the Lake Trail starting in May. Bring loppers, handsaws, pick axe and shovels. We'll work a couple of hours, gather for potluck and a meeting, and then everyone can go out on their horses for a nice trailride. Please RSVP to kimriley58@gmail.com as parking is limited.

LAKE COUNTY HORSE COUNCIL – CALENDAR OF EQUINE EVENTS IN NORTHERN CALIFORNIA

General Contact for LCHC
Virginia Vovchuk
vovchukvm@gmail.com

Add your event to our calendar by submitting details to:
Kate Schmidt-Hopper: (707) 245-9091 wiseacre1farm@gmail.com
Local clubs are invited to send their entire 2013 calendars for inclusion as soon as available.

NOTE:

Due to frequent updating of the Rolling Calendar (updates are published the 2nd & 4th Wednesday each month), the printed version in any Journal becomes outdated very quickly.

Therefore we urge you to visit the LCHC website for the most current Calendar information.

<http://www.lakecountyhorsecouncil.com/>

2013 Spring-Summer — Weekly:

Wednesdays: Hooves and Wheels Drive/Ride: Highland Springs, weather permitting

Highland Springs Trail Work Days Info: Kim and Mike Riley : riley4@hughes.net (707) 245-7468 ; Karen Sullivan: grey-mare56@gmail.com (707) 349-1559



"Hooves and Heartbeats"

SPECIAL JUNIOR EVENT & RIDING CLINIC

May 18, 2013 9am – 2pm @ Gaddy Shack Ranch in Kelseyville

9:00 Educational talk/demo on how to take vitals on your horse, temperature taking, pulse, gut sounds for colic, proper way to wrap an injury, and more

10:45 Dog agility demo with Dinky the Chihuahua

11:30 Snack and start clinic

We will work on horsemanship and problems that you may be having with your horse *Note: Helmets required for juniors*

Cost \$10.00 for members / \$20.00 for non-members includes membership

Sign up at www.lakecountyhorsecouncil.com

Or call: 707 338-1014

LAKE COUNTY HORSE COUNCIL – CALENDAR OF EQUINE EVENTS IN NORTHERN CALIFORNIA

April

4/6-8 (Saturday- Monday)

Backcountry Horsemen of California Rendezvous

Tehama District Fairgrounds, Red Bluff, CA

Info: Paul Villanueva (707) 263-0147 villan13@pacific.net

4/6 (Saturday)

"Day of the Horse" horse course

Marin Horse Council, Inc. Info: Lauren Terk eqevac@marinhorsecouncil.org

4/12 (Friday)

Anderson Valley Equestrians

Location TBA 4:30 pm Info: Floriane (707) 895-2323 qvequestrians@gmail.com

4/12-14 (Friday – Sunday)

Ride: Clearlake Horsemen and Backcountry Horsemen of California

Info: Paul Villanueva (707) 263-0147 villan13@pacific.net

4/13 (Saturday)

Dressage/ Western Dressage Riding Clinic with Stacy Sutton

Highland Springs Equestrian, Kelseyville

Info: Stacy Sutton www.vineyardoakdressage.com, Ernestine Goforth (707) 350-5197

4/13-14 (Saturday- Sunday)

Don Sachey clinic

Redwood Riders arena Info: Sarah (707) 367-7112 snowfire88@hotmail.com

4/20 (Saturday)

Redwood Rider Gymkhana Series

Info: Beth Schwartz (707) 391-7049

4/21 (Sunday)

Earth Day Highland Springs Trail Work Day and potluck

Info: Virginia Vovchuk (707) 245-9091 home

vovchukvm@gmail.com

4/21 (Sunday)

Showmanship Clinic/ In-Hand Clinic with Terry Silva and Audry Brennan

"Developing Lateral Work from the Ground Up"

Redwood Riders Arena 9-noon

Info: Terry Silva (707) 484-1893, Tiffany (707) 621- 2615 mt.ranch@yahoo.com

4/25 (Thursday)

Backcountry Horsemen of California, Lake-Mendo Unit meeting

Odd Fellows Hall, Main St Upper Lake 7pm

Info: Kelly or Robert Sterling (707) 275-842 kellyhorses@yahoo.com

4/27 (Saturday)

Lake Co. Rodeo Fundraiser Dinner Dance

Location TBA Info: Jack Baxter, Director (707) 513-3239

4/28 (Sunday)

Hooves and Wheels Tack Swap

Location TBA Info: Info: Sally Green baliusfarm@gmail.com

4/28 (Sunday)

4-H Open Horseshow and Gymkhana

Redwood Rider Arena Info: Amy (707) 367-1257

May

5/1 (Wednesday)

Trail Grant Reparation Work Highland Springs Trails

Info: Virginia Vovchuk (707) 245-9091 home vovchukvm@gmail.com

5/4 (Saturday)

Day Ride Clearlake Horsemen and Back Country Horsemen

Info: Paul Villanueva (707) 263-0147 villan13@pacific.net

5/6 (Monday)

LCHC Board of Directors Meeting

location to be announced Info: Virginia Vovchuk (707) 245-9091 home vovchukvm@gmail.com

5/10 (Friday)

Anderson Valley Equestrians

Location TBA 4:30 pm Info: Floriane (707) 895-2323 qvequestrians@gmail.com

5/17-19 (Friday- Saturday)

Rasche Ranch Ride/ Potter Valley/ North Bay unit

Back Country Horsemen Info: Paul Villanueva (707) 263-0147 villan13@pacific.net

5/18 (Saturday)

Juniors Event and Riding Clinic

veterinary demonstrations and hands-on clinic for riders 18 and under

Location to be announced Info: Virginia Vovchuk (707) 245-9091 home vovchukvm@gmail.com

5/18 (Saturday)

Horse-A-Rama

Hidden Valley Lake Equestrian Center 20432 Powder Horn Rd. HVL

11:00-3:00 Info: Pasha Tingle 987- 4075

5/18 (Saturday)

Poker Ride Clearlake Horsemen and Back Country Horsemen

Info: Paul Villanueva (707) 263-0147 villan13@pacific.net

5/23 (Thursday)

Backcountry Horsemen of California, Lake-Mendo Unit meeting

Odd Fellows Hall, Main St Upper Lake 7pm

Info: Kelly or Robert Sterling (707) 275-842 kellyhorses@yahoo.com

5/26 (Sunday)

Hooves and Wheels De-Sensitizing clinic and Trail Challenge

In-Hand, Ridden or Driven Location TBA

Info : Info: Sally Green baliusfarm@gmail.com

5/26 (Sunday)

Shoreline Riders Western Schooling Horse Show

starts 9am for location Info: www.shorelineriders.com/

5/31-6/2

Faraway Private Ranch Ride Lake Pillsbury

Clearlake Horsemen Info: Paul Villanueva (707) 263-0147 villan13@pacific.net

June

6/1-2 (Saturday- Sunday)

Wild West Days Upper Lake

Info: Virginia Vovchuk (707) 245-9091 home vovchukvm@gmail.com

6/30 **Fiesta of the Horse** — see page 18

Reminder: This calendar is updated twice a month, please check the LCHC website for most current information

JOIN or RENEW YOUR MEMBERSHIP TODAY!

Don't miss out on any of the benefits of membership in 2013. Please send your renewal fee by MARCH 1st to ensure continuation of your benefits, which may include:

- Member exclusive informational forums
- Quarterly member journal
- Frequent member email updates and local equestrian calendar information
- Access to discounts on supplies and clinics
- Opportunity to advertise your products and services in journal

Membership Category	Dues	Benefits
Individual	\$10	Basic: Events, Email Updates
Family	\$25	Basic + LCHC Journal mailed to your home
Charter	\$50	Basic + 2 business card ads in Journal and web listing
Club/Organization	\$75	Same as Charter
Vendor	\$100	Same as Charter
Lifetime	\$150	Same as Family

Detach here and return to: Lake County Horse Council, P.O. Box 1551, Kelseyville, CA 95451

– Checks payable to **Lake County Horse Council**

Name _____

Address _____ State _____ Zip _____

Email _____@_____ Phone _____

Membership Category _____ Amount Enclosed \$ _____

Lake County Horse Council Journal Advertising Rates

Ads will run in the next quarterly issue of the Lake County Horse Council News Journal and must be renewed in order to run in further issues.

Outside Back Cover, color	\$175	Half page black & white	\$75
Inside Front Cover, color	\$150	Quarter page black & white	\$50
Inside Back Cover, color	\$150	Business card black & white	\$25
Full Page black & white	\$125	Classified ad	\$10

To place an ad, contact Virginia Vovchuk 245-9091 vovchukvm@gmail.com, or mail payment and ad copy to Lake County Horse Council, P.O. Box 1551, Kelseyville, CA 95451



Highland Springs Equestrian Center

8900 Wight Way, Kelseyville, CA 95451

Telephone 707-279-1903 Web: www.highlandspringsequestrian.weebly.com



Offering horse boarding in a beautiful location with panoramic views of the mountains, vineyards, hills, forests, and Highland Springs; a 5-minute ride from Highland Springs Recreation area with 30 miles of equestrian trails; a large (100' x 235') covered arena with sand footing; a large (130' x 260') open arena; on-site trails; hay fed 2-3 times daily or with slow feeders; and flexible boarding rates. Boarding options are shared pasture with shelters and individual paddocks with shelters. Call Juliana or Paul, 707-279-1903, or email juliana@highlandspringsequestrian.com



3RD ANNUAL
**Rodeo Kick-off
Dinner & Dance**

LAKE COUNTY RODEO ASSOCIATION

April 27TH, 2013

Lake County Fairgrounds ~ Little Theatre in Lakeport

5:00 PM

Doors & Bar open

6:30 ~ 8:00

Buffet Style BBQ Tri Tip & Chicken
Dinner will be served by the Upper Lake FFA

8:00 ~ 11:00

Dance to Nashville Recording Artist
J D Bauman and the Boot Band

LIVE AUCTION INCLUDING:

2 person Duck Hunt at Duck Club (one night stay included)

Marlin Saddle Gun 336W 30/30 Lever Action

One week stay at a QM Resort in Lake Tahoe or Sparks Nevada

Plus Many More Great Raffle Prizes

Dinner ~ Dance Tickets \$25.00

Dance only Tickets (8-11) \$10.00

FOR TICKETS CALL:

Angel 349-1991

Juan 279-9166

PURCHASE AT

LAKE COUNTY CHAMBER
875 Lakeport Blvd. 263-5092

RAINBOW AG
1975 Argonaut Rd. 279-0550



Major Sponsor ~ Family Owned, Chapel of the Lakes